

SCARE 2023 checklist

Topic	Item	Description	Page number
Title	1	The words 'case report' should appear in the title. The title should be concise and highlight the area of focus (e.g. presentation, patient population, diagnosis, surgical intervention, or outcome)	
Key words	2	Include three to six keywords that identify what is covered in the case report (e.g. patient population, diagnosis or surgical intervention). Include 'case report' as one of the keywords	
Highlights	3	Include three to five bullet points that capture the novel findings of the report. These should focus on providing a brief background to the report. Include the key results, their clinical relevance, and any validation performed	
Abstract	4a	Structure: Provide a structured abstract that includes the following headings: (1) introduction and importance, (2) presentation of case, (3) clinical discussion, and (4) conclusion	
	4b	Introduction and importance: Describe what is known currently on this topic, what is important, unique or educational about the case and what this adds to the surgical literature	
	4c	Presentation of case: Detail the presenting complaint(s), clinical and demographic details and the patient's main ideas, concerns, and expectations. Detail the clinical findings, investigations performed, main differentials, and subsequent diagnosis. Describe the rationale for choosing the intervention. Describe what was the outcome	
	4d	Clinical discussion: Discuss the clinical findings in relation to what is currently known	
Introduction	4e	Conclusion: Describe the relevance and impact of the report. Detail the main take away lessons or potential implications for clinical practice (minimum of three)	
	5a	Background: Describe the area of focus and the relevant background contextual knowledge	
	5b	Rationale: Describe why the case is different to what is already known in the literature. Describe why it is important to report this case (e.g. is the case rare or interesting for the specific healthcare setting, population or country)	

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<p>Guideline citation</p> <p>Timeline</p>	<p>5c</p> <p>6</p> <p>7</p>	<p>Guidelines and literature: Give reference to relevant surgical literature and current standards of care, including any specific guidelines or reports (e.g. government, national, international)</p> <p>At the end of the introduction, include reference to the SCARE 2023 publication by stating: 'This case report has been reported in line with the SCARE Criteria [include citation]'</p> <p>Summarise the sequence of events leading up to the patient's presentation. Report any delays from presentation to diagnosis and/or intervention. Use tables or figures to illustrate the timeline of events if needed. Use standardised units of time (mm:hh) and dates (dd/mm/yyyy)</p>	
<p>Patient information</p>	<p>8a</p> <p>8b</p>	<p>Demographic details: Include de-identified demographic information (e.g. age, sex, ethnicity, occupation). Where relevant, include other useful information (e.g. body mass index, hand dominance, income, level of education, marital status)</p> <p>Presentation: Describe the patient's presenting complaint(s). Include a collateral account of the history if relevant. Describe how the patient presented (e.g. self-presentation, ambulance or referred by family physician or other hospital clinicians). Describe where the patient presented (e.g. outpatient clinic, hospital)</p>	
	<p>8c</p>	<p>Past medical and surgical history: Include any previous interactions (e.g. prior admissions to hospital), medical or surgical interventions, and relevant outcomes</p>	
	<p>8d</p> <p>8e</p>	<p>Drug history and allergies: Specify any acute, repeat, and discontinued medications. Specify any contraindications to re-starting regular medicines for example increased bleeding risk. Specify any allergies and/or adverse reactions</p> <p>Family history: Include health information regarding first-degree relatives, specifying any inheritable conditions. Social history: Indicate any smoking, alcohol, and recreational drug use. Indicate the level of social independence, the presence of any carers, driving status, and type of accommodation. Review of systems: Provide any other information outside of the focused history (e.g. headaches, blurred vision, palpitations, abdominal pain, joint pain)</p>	

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Clinical findings	9	Describe the general and significant clinical findings based on initial inspection and physical examination	
Diagnostic assessment and interpretation	10a	Diagnostics assessment: Bedside (e.g. urinalysis, electrocardiography, echocardiography). Laboratory (e.g. biochemistry, haematology, immunology, microbiology, histopathology). Imaging (e.g. ultrasound, X-ray, CT/MRI/PET). Invasive (e.g. endoscopy, biopsy)	
	10b	Diagnostic challenges: Where applicable, describe what was challenging about the diagnoses (e.g. access, financial, cultural). Describe how these challenges were overcome	
	10c	Diagnostic reasoning: Describe the differential diagnoses, why they were considered (e.g. given the initial presentation or after assessment and investigation), why and how they were excluded	
	10d	Prognostic characteristics: Include where applicable (e.g. tumour staging) and how this was performed	
Intervention	11a	Preoperative patient optimisation: Lifestyle (e.g. weight loss). Medical (e.g. medication review, treating any relevant pre-existing medical concerns). Procedural (e.g. nil by mouth, enema). Other (e.g. psychological support)	
	11b	Surgical interventions: Describe the type(s) of intervention(s) used (e.g. pharmacological, surgical, physiotherapy, psychological, preventative). Describe any concurrent treatments (e.g. antibiotics, analgesia, antiemetics, venous thromboembolism prophylaxis) Medical devices should have manufacturer and model specifically mentioned	
	11c	Specific details regarding the intervention: Describe the rationale behind the treatment offered, how it was performed and time to intervention. Include details on the intervention (e.g. anaesthesia, patient position, skin preparation used such as chlorhexidine or shaving, use of other relevant equipment, sutures, devices, surgical stage). For surgery, include any postoperative instructions (e.g. how long to keep an abdominal drain for, when to remove sutures or staples). The degree of novelty for a surgical technique/device should be mentioned (e.g. 'first in human'). For pharmacological therapies, include	

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Follow-up and outcomes	11d	<p>information on the formulation, dosage, strength, route and duration</p> <p>Operator details: Where applicable, include operator experience and position on the learning curve, prior relevant training, and specialisation (e.g. 'junior trainee with 3 years of surgical specialty training'). Setting of intervention: Specify the setting in which the intervention was performed (e.g. district general hospital, major trauma centre) Specify the level of experience that the centre has with performing the intervention. Specify whether the procedure was performed in collaboration with another specialty (e.g. a hybrid procedure).</p>	
	11e	<p>Deviation from initial management plan: State if there were any changes in the planned intervention(s). Provide an explanation for these changes alongside the rationale (e.g. delays to intervention, a laparoscopic procedure converted to open due to operative difficulties)</p>	
	12a	<p>Specify details regarding the follow-up: When (e.g. how long after discharge in months or years, frequency, maximum follow-up length at time of submission). Where (e.g. home via video consultation, primary care, secondary care). With whom (e.g. appointment with the original operating surgeon). How (e.g. telephone consultation, virtual or digital follow-up, clinical examination, blood tests, imaging). Any specific long-term surveillance requirements (e.g. imaging surveillance for endovascular aneurysm repair or clinical exam/ultrasound of regional lymph nodes for skin cancer). Any specific postoperative instructions (e.g. postoperative medications, targeted physiotherapy, psychological therapy)</p>	
	12b	<p>Intervention adherence and compliance: Where relevant, detail how well the patient adhered to and tolerated the advice provided (e.g. avoiding heavy lifting for abdominal surgery, or tolerance of chemotherapy and pharmacological agents). Explain how adherence and tolerance were measured. Explain whether these results will have an impact on the long-term applicability of the intervention in clinical practice</p>	
	12c	<p>Outcomes: Expected versus attained clinical outcome as assessed by the clinician. Reference</p>	

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		literature used to inform expected outcomes. When appropriate, include patient-reported measures (e.g. questionnaires including quality-of-life scales). Detail when the outcomes were recorded (e.g. at how many months or years postoperative)	
	12d	Complications and adverse events: Precautionary measures taken to prevent complications (e.g. antibiotic or venous thromboembolism prophylaxis). All complications and adverse or unanticipated events should be described in detail and ideally categorised in accordance with the Clavien–Dindo Classification (e.g. blood loss, length of operative time, wound complications, re-exploration or revision surgery). If relevant, whether the complication was reported to the relevant national agency or pharmaceutical company—Specify the duration of time between completion of the intervention and discharge, and whether this was within the expected timeframe (if not, why not). Where applicable, the 30-day postoperative and long-term morbidity/mortality may need to be specified. Where applicable, specify whether any complications or adverse outcomes were discussed locally (eg during team or morbidity and mortality meetings). State if there were no complications or adverse outcomes	
Discussion	13a	Summary of results: Provide a clear summary of the key findings of the report. Provide a rationale for the conclusions drawn	
Strengths and limitations	13b	Relevant literature: Include a brief discussion of the relevant literature and, if appropriate, similar published cases	
	13c	Future implications: Describe the future implications for clinical practice and guidelines	
	13d	Take away lessons: Outline the key clinical lessons from this case report. Discuss any differences in approach to diagnosis, investigation, or patient management which the authors might adopt in future cases, based on their experience of the current report	
	14a	Strengths: Describe the key strengths of the case. Detail any multidisciplinary or cross-specialty relevance	
	14b	Weaknesses and limitations: Describe the relevant weaknesses or limitations of the case if applicable,	

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		describe how these challenges were overcome. For novel techniques or devices, outline any contraindications and alternatives, potential risks and possible complications if applied to a larger population	
Patient perspective	15	Where appropriate, the patient should be given the opportunity to share their perspective on the intervention(s) they received (e.g. sharing quotes from a consented and anonymised interview)	
Informed consent	16	The authors must provide evidence of consent, where applicable, and if requested by the journal. Consent should be provided for both the original intervention or procedure and publication of the current case report. State the method of consent at the end of the article (e.g. verbal, written, digital/virtual). If not provided by the patient, explain why (e.g. death of patient and consent provided by next of kin). If the patient or family members were untraceable, then document the tracing efforts undertaken	
Additional information	17	Please state any author contributions, acknowledgements, conflicts of interest, sources of funding and where required, institutional review board or ethical committee approval. Disclose whether the case has been presented at a conference or regional meeting. Disclose whether this case is under consideration at any other journal	
Clinical images and videos	18	Where relevant and available, include clinical images to help demonstrate the case pre-, peri-, and postintervention (e.g. radiological, histopathological, patient photographs, intraoperative images). Where relevant, ensure images are adequately annotated. Where relevant and available, a link (e.g. Google Drive, YouTube) to the narrated operative video can be included to highlight specific techniques or operative findings. Ensure all media files are appropriately captioned and indicate points of interest to allow for easy interpretation	